# CREATING AN ACCESSIBLE DESTINATION FOR ALL VISITORS

Practical Steps for an Accessible Future





**CONFIDENCE CREATED BY KNOWLEDGE** 



# To empower with knowledge and steps to start working on accessibility with or without a big budget.

## **Key Focus Areas:**



- 1. Why start now?
- 2. Steps to begin when you don't have a budget.
- 3. Long-term planning for accessibility.

# Importance of Starting Now





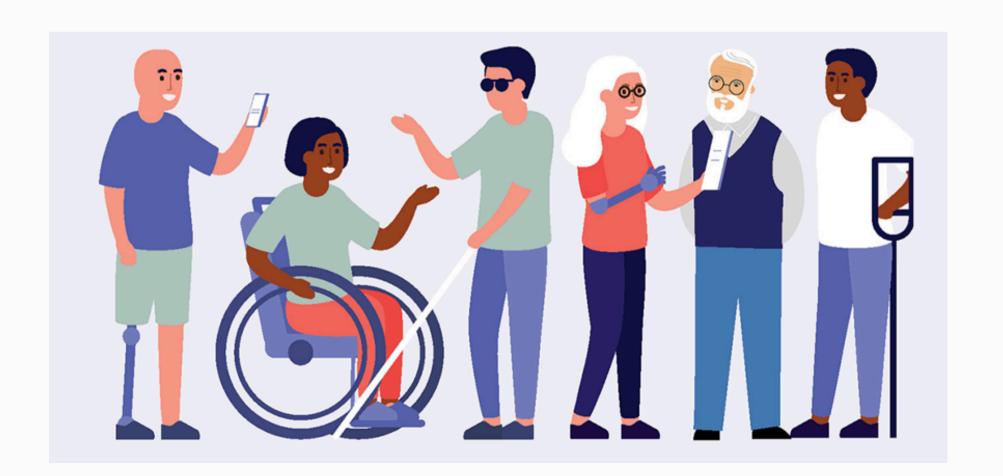
## What is a Disability?

The UN Convention on the Rights of Persons with Disabilities defines people with disabilities as people "who have long-term physical, mental, intellectual or sensory impairments which in interaction with various barriers may hinder their full and effective participation in society on an equal basis with others."



# **Exploring the Various Types**of Disabilities

A person's life can be impacted by a wide range of disabilities, including:



- Vision
- Hearing
- Movement
- Thinking
- Remembering
- Learning
- Communicating
- Mental health
- Social relationships

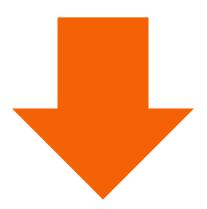


#### WELCOMING ALL ABILITIES

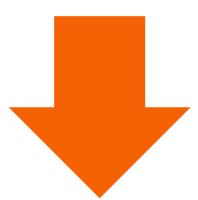
#### Non-Transparent

#### **Temporary**

#### Non Self-Identified







- CHRONIC PAIN/ILLNESS, FATIGUE, SENSORY PROCESSING DISORDERS
- COGNITIVE IMPAIRMENTS THAT CAN IMPACT MEMORY, CONCENTRATION, OR MOOD

"I CAN'T STAND IN A LONG LINE"

- PHYSICAL OR MENTAL IMPAIRMENTS
   THAT ARE NOT PERMANENT AND ARE
   EXPECTED TO IMPROVE WITH TIMELITY
   OR ACTIVITY
- PAIN OR DISCOMFORT, REDUCED COGNITIVE FUNCTION (CONCUSSIONS OR TRAUMATIC BRAIN INJURIES)

"I HAD KNEE SURGERY"

- THE PERSON **NOT** BEING **AWARE** OF THEIR DISABILITY
- NOT WANTING TO DISCLOSE THEIR DISABILITY
- NOT FEELING THAT THEIR DISABILITY IS SIGNIFICANT ENOUGH TO IDENTIFY WITH

"I'M NOT DISABLED. I JUST WALK SLOWLY"

#### WELCOMING ALL ABILITIES











MOBILITY AND/OR PHYSICAL LIMITATIONS

BLIND/ LOW VISION

DEAF/HEARING LOSS COGNITIVE DISABILITY

Speech

ALLERGIES / DIETARY

In-born or Acquired with Age Blind/legally blind/limited vision/low vision/partially sighted/visually impaired Completely or Partially Deaf



Severe
Allergies can
lead to lifethreatening
reactions



#### Percentage of Adults with Functional Disabilities by Types

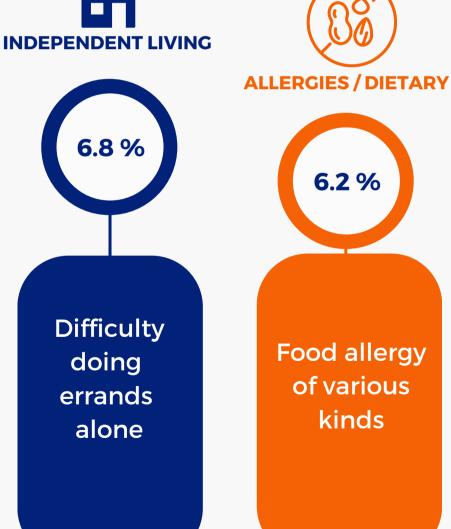
#### **US Census: 20% of Americans have a disability**

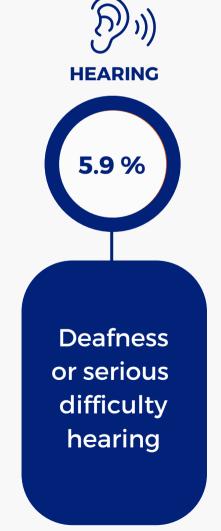










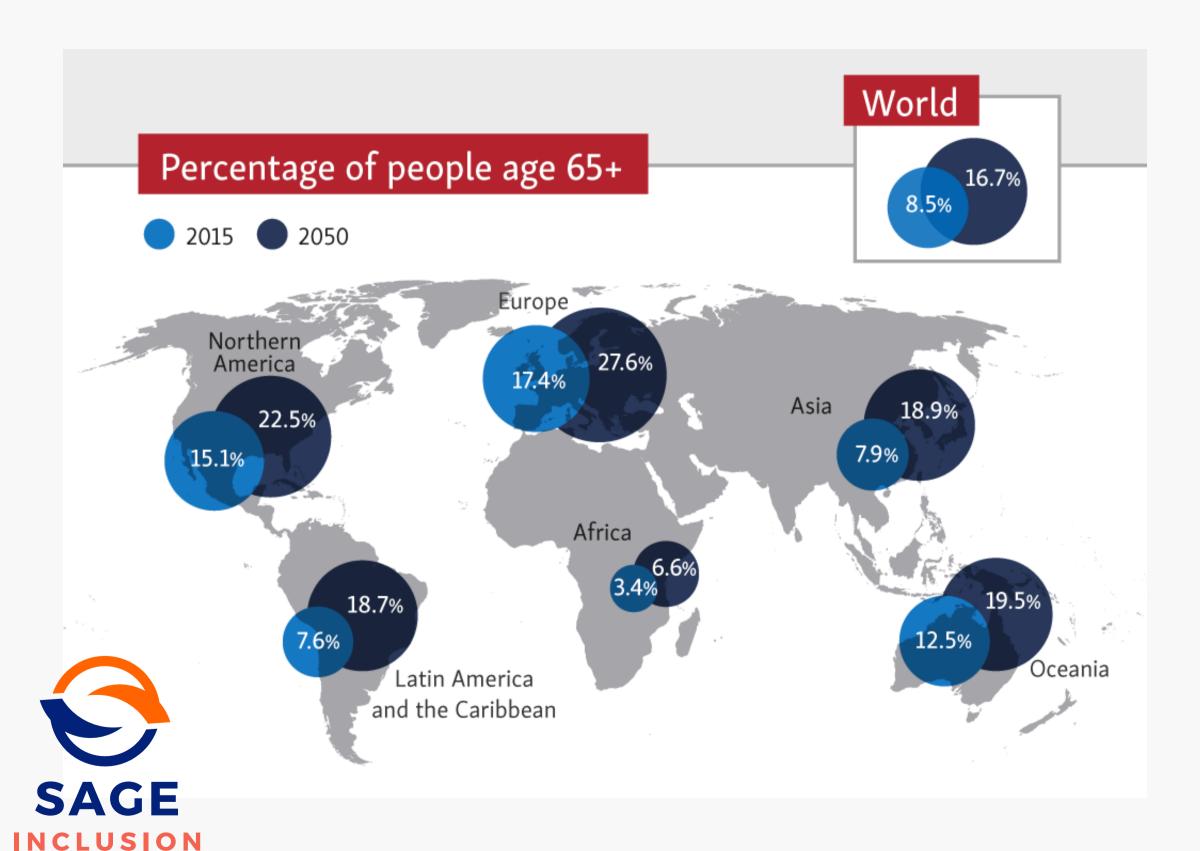






<sup>\*</sup>According to Centers for Disease Control and Prevention. Disability and Health Data System

## **Ageing Population Tendency**



According to the **United Nations** Population Division, the number of persons aged 65 and older is expected to double over the next three decades, reaching 1.6 billion in 2050.



# MYTHS AND MISCONCEPTIONS ABOUT DISABILITIES

### **Myth #1 All Disabilities are Visible**

- Not all disabilities are visible
- Some disabilities, such as chronic pain, mental health conditions, and hearing loss, may not be immediately apparent

# Myth #2 - People with Disabilities are Sick and in Constant Pain

- Disabilities are not contagious and do not make someone sick
- People with disabilities should not be treated differently or avoided due to misconceptions about their health



### Myth #3 People with Disabilities are Always in Need of Help

- People with disabilities are capable of doing many things independently
- Ask if someone needs assistance before assuming they do
- Respect their answer and provide assistance only if requested

# Myth #4 - People with Disabilities are not Interested in Travel or Leisure Activities

- People with disabilities enjoy travel and leisure activities just like anyone else
- Provide accessible
   accommodations and
   activities to ensure all guests
   can fully participate

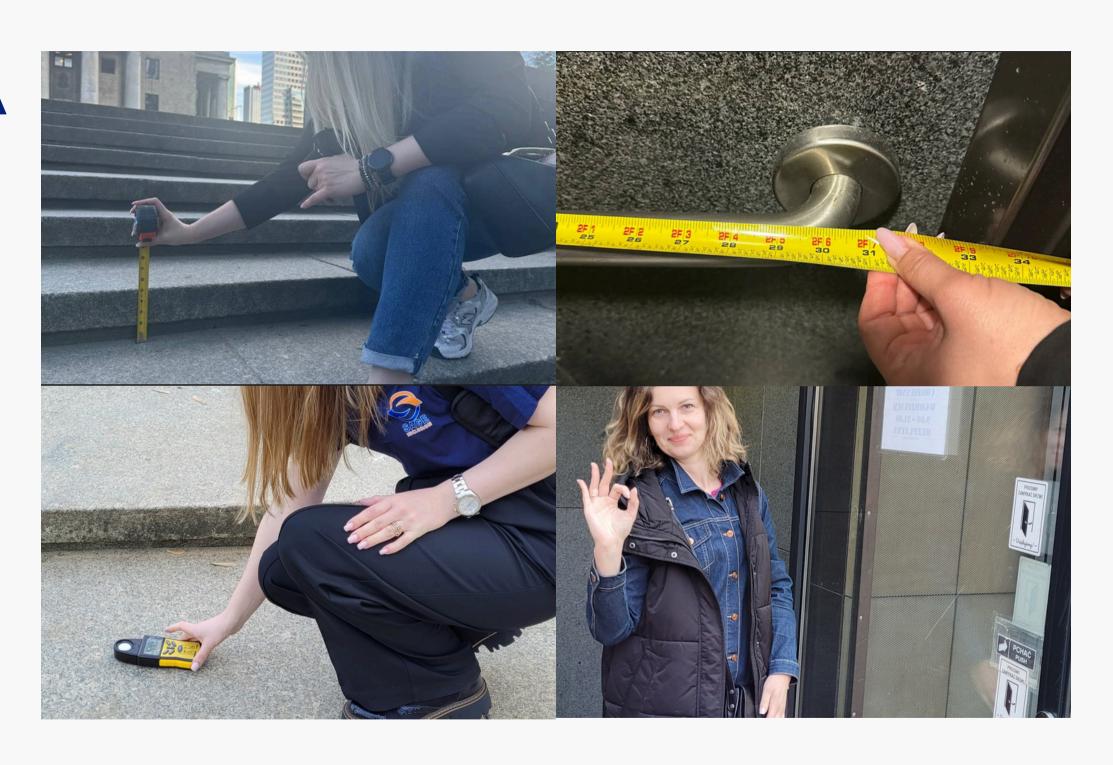
# Steps to Get Started Without a Budget



# STEP 1 - CONDUCT A SELF-ASSESSMENT

Review your current infrastructure and digital presence for accessibility gaps.





### Here are five basic questions to ask:

#### **Mobility:**

Are public transportation options (buses, trains, and taxis) equipped with ramps, lifts, or low-floor entry points to accommodate wheelchair users and people with mobility challenges?

#### **Vision:**

Do pedestrian crosswalks, public buildings, and tourist attractions have tactile paving, audible traffic signals, and Braille or large print signage for individuals with visual impairments?

#### **Hearing:**

Are public spaces, including visitor centers, museums, and theaters, equipped with visual or vibrating alerts, captioning services, and hearing loop systems for individuals with hearing impairments?

#### **Cognitive/Autism:**

Are there sensory-friendly zones or quiet areas in high-traffic public spaces such as airports, museums, and tourist attractions, and do these areas provide clear and simple signage for people with cognitive disabilities?

#### **Allergies:**

Do restaurants, hotels, and attractions in the city provide clear labeling of food allergens and accommodate dietary restrictions to ensure the safety of individuals with severe allergies?

**STEP 2 - TRAIN YOUR TEAM** 

Low-Cost Training: Educate staff on disability etiquette and how to assist guests with disabilities.

Use free online resources to provide basic training. Train on clear communication and awareness of different disabilities.





#### STEP 3 - LEVERAGE EXISTING RESOURCES

#### **Objective 1**

Partner with Local Organizations: Seek free advice and support from local disability advocacy groups.

#### **Objective 2**

Grants: Research available grants or sponsorships for small accessibility improvements

#### **Objective 3**

Online Tools: Use free website accessibility checkers to improve digital access.





## Step 4 - Improve Digital Accessibility



Low-Cost Website Fixes: Add alt text to images, improve text readability, ensure navigation via keyboard.

Promote Your Efforts: List any accessibility features you already offer on your website (e.g., wheelchair access, accessible restrooms).

# Step 5 - Start Small, Think Big



Signage: Improve clarity of signs and ensure they are readable for those with vision or cognitive impairments.

Simple Changes: Add accessible seating or create areas where people with disabilities can comfortably engage.





## Step 6 - Gather Feedback



Visitor Feedback: Implement a feedback system for visitors to share their experiences and suggestions.

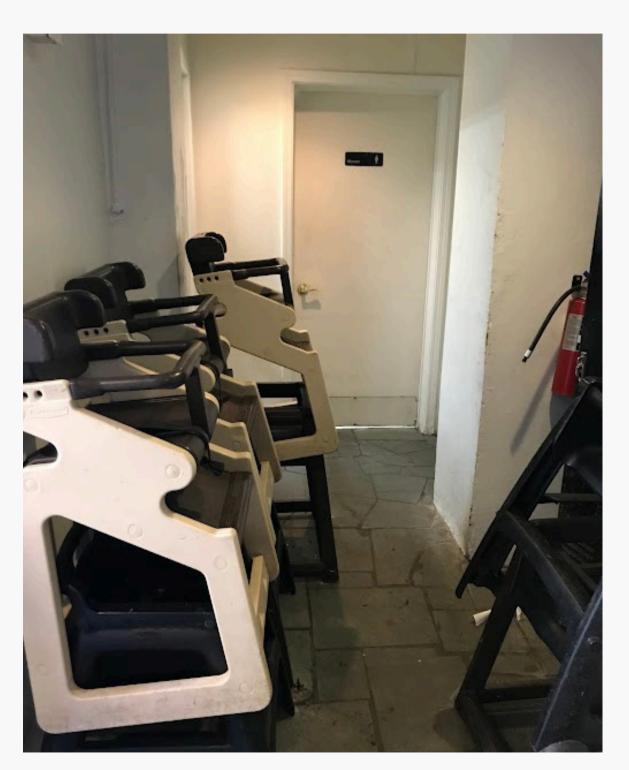
Improve Based on Feedback: Small, low-cost improvements based on real input can lead to better visitor experiences.





# Long-Term Planning for Accessibility

# Why You Need an Accessibility Master Plan



• Strategic Approach: An Accessibility Master Plan helps guide you in prioritizing improvements and allocating resources efficiently.

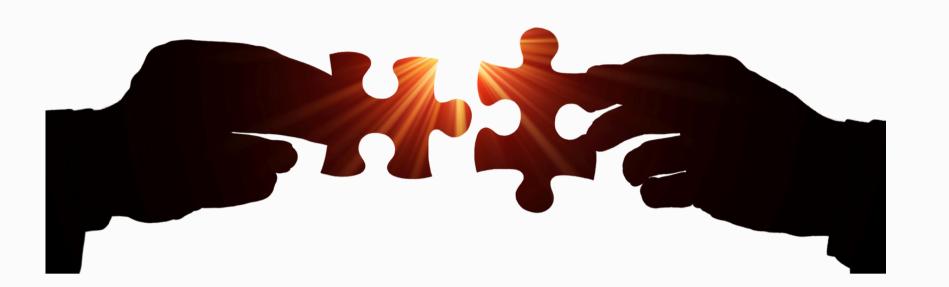
• Long-Term Goals: A master plan ensures that your destination is continually improving.



# Step 1 - Develop a Roadmap

- Short-Term Actions: Identify changes that can be implemented within the next 6 months, like updating your website.
- Long-Term Vision: Plan for improvements over 3-5 years, such as collaborating with accessbility experts to enhance accessibility.





# Step 2 -Build Partnerships

- Collaborate with Local Businesses: Work with hotels, restaurants, and attractions to create a more accessible destination together.
- Cost-Sharing: Share resources and costs with these partners to make improvements more affordable.



# Step 3 - Seek Funding and Grants

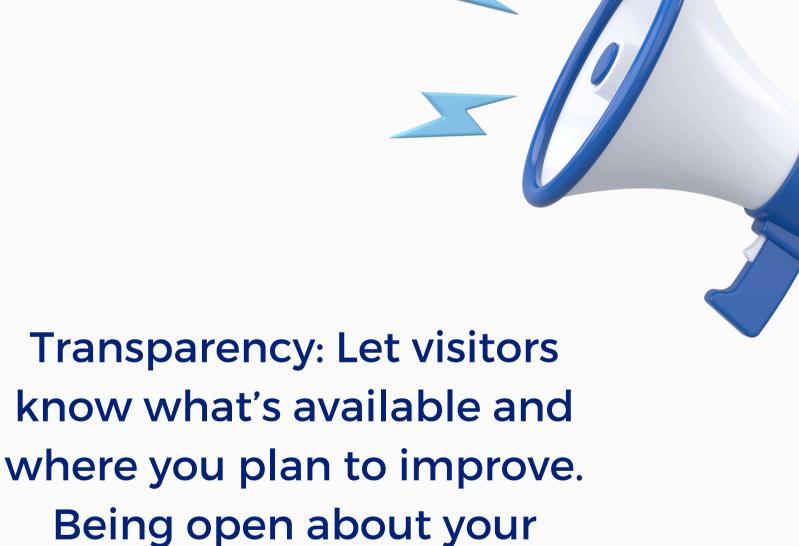


- Explore Funding Opportunities: Look for grants and sponsorships available for accessibility improvements.
- Tip: Sage Inclusion can help you identify potential funding sources for your projects.

# Step 4 - Communicate What You're Doing

Market Your Efforts:
Promote the accessibility
improvements you've
made, no matter how
small.





progress builds trust with

travelers with disabilities.

# Step 5 - Monitor Progress



- Measure Impact: Use visitor feedback and engagement data to see how your improvements are affecting tourism.
- Adapt Your Plan: Continuously update your master plan based on feedback and evolving needs.

Accessibility Is Inclusion

Accessibility goes beyond compliance; it's about making your destination welcoming for everyone.

By starting now, you demonstrate a commitment to inclusivity and equality.





# Start Small, Think Big



Begin with Simple
Steps: Conduct a selfassessment, train your
staff, and make small
changes.



Long-Term Vision:
Develop an Accessibility
Master Plan and
collaborate with local
partners.



No-Budget Steps: Even with no budget, there are plenty of impactful changes you can make today.

### "Diversity is a fact. Inclusion is an action."

**Arthur Chan** 





Take your first step today by visiting the Sage Inclusion website.

Use the QR code to access our free assessments and start evaluating your destination's accessibility.



